










Monday	Tuesday	Wednesday
<p>3</p> <p>10:45 Dancing, Social Hall</p> <p>11:45 Lunch Chili verde, tortilla, fresh refried beans, salad, fruit</p> <p>1:00 Big Bingo</p> 	<p>4</p> <p>10:00 SALA Appointments</p> <p>11:45 Lunch Breaded fish, whole grain bread, chef's blend veggies, red potatoes, fruit</p> <p>1:00 Movie: The Vow</p> <p>4:00 Wii Bowling</p> <p>5:30 Workshop: Keeping Out Garden Pests</p>	<p>5</p> <p>10:30 Line Dancing, Social Hall</p> <p>11:45 Lunch Beef stew, roll, carrots, peas, onions, celery, potatoes, coleslaw, fruit</p> <p>12:45 Bingo, Social Hall</p> <p>3:00 Orchestra Concert</p> <p>5:30 Movie: The Vow</p> 
<p>10</p> <p>8:30 HICAP</p> <p>10:45 Dancing, Social Hall</p> <p>11:45 Lunch Chicken pot pie w/ mixed veggies, salad w/broccoli, fruit</p> 	<p>11</p> <p>9:00 SJSU Hearing Testing</p> <p>9:10 Eyeglass Repair</p> <p>10:00 SALA Appointments</p> <p>11:45 Lunch Meat loaf, mashed potatoes, mixed veggies, whole grain bread, fruit</p> <p>1:00 Movie: Moonrise Kingdom</p> <p>4:00 Wii Bowling</p> <p>4:30 AARP Driver Safety</p>	<p>12</p> <p>10:30 Line Dancing, Social Hall</p> <p>11:45 Lunch Baked breaded fish, brown rice, peas & pearl onions, carrot raisin salad, fruit</p> <p>12:45 Bingo, Social Hall</p> <p>4:00 Holiday Gala</p> <p>5:30 Movie: Moonrise Kingdom</p>
<p>17</p> <p>10:45 Dancing, Social Hall</p> <p>11:45 Lunch Beef stir-fry, roasted carrots, zucchini, red bell peppers, onions & sesame seeds</p> <p>1:00 Movie: The Princess Bride</p> <p>2:00 Newcomer's Group</p> <p>3:00 Movie: The Prince and the Showgirl</p>	<p>18</p> <p>10:00 CSA Information and Referral</p> <p>11:45 Lunch Chicken fajitas w/bell peppers, mushrooms, tomatoes & onions, tortilla, green salad, apple crisp</p> <p>1:00 Movie: White Christmas</p> <p>3:00 Movie: The King and I</p> <p>4:00 Wii Bowling</p>	<p>19</p> <p>10:30 Line Dancing, Social Hall</p> <p>11:45 Lunch Vegetarian split pea soup, whole grain roll, mixed veggies, baked potato, salad w/egg, fruit</p> <p>12:45 Bingo, Social Hall</p> <p>3:30 Movie: Lawrence of Arabia (pt 1)*</p> <p>6:00 Movie: Lawrence of Arabia (pt 2)</p> <p>* 10 minute intermission between part 1 and part 2</p> 
<p>Double Feature</p> <p>Double Feature</p>		
<p>24</p> <p>CLOSED</p> 	<p>25</p> <p>MERRY CHRISTMAS</p>  	<p>26</p> <p>CLOSED</p> <p>11:45 Lunch Teriyaki chicken, brown rice, Japanese veggie, salad, mandarin oranges</p> <p>Senior Center is closed. The Social Hall will be open for lunch 10:00am to 1:00pm</p>
<p>31</p> <p>CLOSED</p> 	<p>Happy Holidays</p> 	

Thursday

Friday

Stuffed mushrooms with pecans

Ingredients:

2 medium leeks
1 (16-Oz.) package fresh mushrooms (about 24 medium size mushrooms)
1 teaspoon salt, divided
2 shallots, minced
2 garlic cloves, minced
2 tablespoons olive oil
½ cup grated Parmesan cheese
¼ cup fine, dry breadcrumbs
¼ pecans, chopped
2 tablespoons chopped fresh basil

Garnish:

Fresh basil sprigs

Preparation:

Preheat oven to 350 degrees. Remove and discard root ends and dark green tops of leeks. Thinly slice leeks, and rinse thoroughly under cold running water to remove grit and sand. Rinse mushrooms, and pat dry. Remove and discard stems. Place mushrooms, upside down, on a wire rack in an aluminum foil lined jelly-roll pan. Sprinkle with 1/2 tsp. salt; invert mushrooms. Bake at 350 degrees for 15 minutes. Sauté leeks, shallots, and garlic in hot oil in a large skillet over medium heat 3 to 5 minutes or until tender. Transfer mixture to a large bowl. Stir in ¼ cup Parmesan cheese, next 3 ingredients, and remaining ½ tsp. salt until well combined. Spoon 1 heaping teaspoonful leek mixture into each mushroom cap. Sprinkle with remaining ¼ cup Parmesan cheese. Bake at 350 degrees for 10 minutes or until golden.

Yummy appetizer for your holiday party!

6
8:30 Notary
10:30 Bookmobile
11:45 **Lunch**
Pork chop, whole grain bread, California blend veggies, coleslaw, fruit
1:00 Workshop: Holiday Pinecone Crafts

13
10:15 Workshop: Introduction to Meditation for Relaxation
10:30 Bookmobile
11:45 **Lunch**
Lasagna, corn w/red bell peppers, coleslaw, fruit



7
10:30 Blood Pressure Check
10:45 Dancing, Social Hall
11:45 **Lunch**
Oven baked chicken, brown rice, broccoli, green salad, fruit
1:00 Movie: The Vow



14
10:30 Blood Pressure Check
10:45 Dancing, Social Hall
11:45 **Lunch**
Boneless pork chop, brown rice, 5 way blend veggies, green salad, fruit

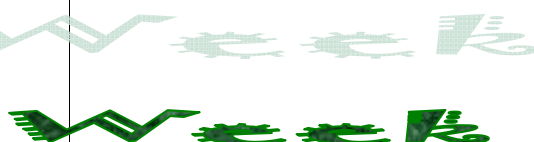
Birthday Celebrations

1:00 Movie: Moonrise Kingdom

20
10:30 Bookmobile
11:45 **Christmas Lunch**
Roast beef, scalloped potatoes, veggies, fruit, eggnog
1:00 Movie: Bringing Up Baby
2:30 Workshop: Digital Photos Returns
3:00 Movie: African Queen



21
10:30 Blood Pressure Check
10:45 Dancing, Social Hall
11:45 **Lunch**
Linguine w/tuna, pasta, spinach & red bell pepper in entrée, salad, fruit
1:00 Movie: The Shop Around the Corner
3:00 Movie: The Bishop's Wife



27 **CLOSED**
11:45 **Lunch**
Baked salmon stuffed w/crab, couscous, sting beans, broccoli raisin salad, fruit
Senior Center is closed. The Social Hall will be open for lunch 10:00am to 1:00pm



28 **CLOSED**
11:45 **Lunch**
Pasta & beef w/onions & tomatoes, broccoli & carrots, pears
Senior Center is closed. The Social Hall will be open for lunch 10:00am to 1:00pm

NUTRITION PROGRAM - The suggested contribution is \$3.00 for people 60 years and over. The meal cost is \$6.00 for people under 60 years old. Lunch is served at 11:45 a.m. Recommended sign in time: 11:15 a.m. First come, first served.



= Meal contains more than 1000mg sodium